

South Hadley Public Schools
Health and Wellness Advisory Committee Meeting Minutes

Date: Monday, January 14, 2019

Present: Dr. Greg Petrosky, Cheryl Pelland -Lak, Eileen Garvey, Kathy Watkins, and Sarah Smith

Absent/Excused: Dr. Dennis Rosen, Dr. Abrams, Matt Hogland, Tad Desautels, Jessica Carey, Davi Guiel, Elizabeth Winfield

Past Minutes:

The minutes from May 14, 2018 were approved after the following corrections:

1. Under Fluoride Rinse Program, preschool survey was changed to kindergarten survey.
2. Under the second bullet of Additional Help for School Health Office, to was added to the sentence.

Wellness Articles:

October 2018 - Greg Petrosky

November 2018 - Jessica Carey

December 2018 - Deborah Pisciotta

January 2019 - SHPS nurses

February 2019 - Cheryl Pelland- Lak

March 2019 - Greer Clark

April 2019 - Ask Officer Steve Fleming

May 2019- Ask Matt Hogland

June 2019 - Ask Karen Walsh Pio

Fluoride Varnish Program:

- Eileen to go to the School Committee on February 4, 2019 to have Fluoride Varnish Program approved.
- School Committee's concerns have been:
 1. Amount of time students are out of class
 - Only 3-5 minutes for a treatment
 2. Billing of family insurance
 - Insurance only billed if available and has not been used.
 3. Takes up too much of the nurse's time
 - New Health Aids could organize and pull students from classes
- Hoping to have Hygienists come in October and May. First round in May 2019 if approved by School Committee.
- Will send permission slip and parent information home with students.

- Will coordinate with Diana Bonneville, principal of SHHS, about best way to distribute permission slips to the high school students since they do not have homerooms.
- Need to change on Application "at least three applications" to " a maximum of three application"

Food Pantry/Neighbors Helping Neighbors Program:

- MESMS and SHHS continue to receive food from South Hadley Neighbors Helping Neighbors Food Pantry every few months.
- NHN has received a grant and now the food provided to the school is more uniformed and nutritious.
- Middle school has moved the food out of the health office due to the number of kids that were coming to get food.
- Still a problem of some of the food coming to the middle school from the food bank that has peanuts or tree nuts.

CPR Class for the Seniors at the High School:

- This year's class will be held for seniors on January 30, 2019, 8:30-10:30-
- Course has been coordinated by HWAC committee chair Eileen Garvey, Kurt Schenker from South Hadley Fire Department District #1 and SHHS principal Diana Bonneville.
- Class will be taught by Kurt Schenker and Matt Wolkenbreicht from Community 911
- All Seniors that complete the course will receive a certificate of participation.

Condoms in Health Offices for Students:

- Articles provided to the committee from NASN School Nurse Journal about condom programs.
- Discussion of the pros and cons of having a condom availability program at SHHS
- Will invite the Wellness teachers at the high school to the next Health and Wellness Advisory Committee Meeting to discuss Health and Wellness curriculum at the high school and there insight on the need for a condom availability program.
- Invite Officer Fleming to next Health and Wellness Advisory Meeting to learn more about
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Next Meetings:

- March 11, 2019
- May 20, 2019