



**SOUTH HADLEY PUBLIC SCHOOLS
MICHAEL E. SMITH MIDDLE SCHOOL
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(413) 534-1995
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MATTHEW S. HOAGLAND
Director of Food Services and Transportation

**FOR IMMEDIATE RELEASE:
SOUTH HADLEY PUBLIC SCHOOL DISTRICT
FREE AND REDUCED PRICE SCHOOL MEALS 2020-2021**

Children need healthy meals to learn. South Hadley Public Schools offers healthy meals every school day.

Breakfast costs \$1.50, lunch costs High \$2.75, Middle and Mosier \$2.50, and Plains \$2.25. Your children may qualify for free meals or for reduced price meals. Reduced price is .30 for breakfast and .40 for lunch.

WHO CAN GET FREE OR REDUCED PRICE MEALS?

- All children in households receiving benefits from **MA SNAP** or **MA TANF** are eligible for free meals.
- **Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.**
- **Children participating in their school's Head Start program are eligible for free meals.**
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or reduced price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL ELIGIBILITY INCOME CHART For School Year 2019-2020

Household size	Yearly	Monthly	Weekly
1	\$23,606	\$1,968	\$454
2	\$31,894	\$2,658	\$614
3	\$40,182	\$3,349	\$773
4	\$48,470	\$4,040	\$933
5	\$56,758	\$4,730	\$1,092
6	\$65,046	\$5,421	\$1,251
7	\$73,334	\$6,112	\$1,411
8	\$81,622	\$6,802	\$1,570
Each additional person:	+\$8,288	+\$691	+\$160

Applications can be found at www.southhadleyschools.org or by requesting one from your schools main office. In addition you may contact Cindy Roy by phone at 413-534-1995 or e-mail lunchprogram@shschools.com with any questions. You can apply for benefits at any time during the school year.

The food service staff is committed to making your experiences enjoyable, nutritious, and satisfying.
Thank you for your participation.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights
[1400 Independence Avenue, SW](http://www.usda.gov)
[Washington, D.C. 20250](http://www.usda.gov)-9410;

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider."