

Close Contact Quarantine Guidance

Date:

Name:

Your exposure date was:

Plan to get tested on:

If that test is negative and you have no symptoms, you can return to school on:

You can opt not to get tested and are asymptomatic, but you will need to quarantine for 10 days, which means you could not return to school until:

You should monitor your symptoms for 14 days. If you have any symptoms during this time, stay home, get retested, consult your PCP and notify the school nurse or building principal.

Monitor for symptoms thru:

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Plains School Nurse
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